

Housing Connection



Cheyenne Housing Authority

SPECIAL POINTS OF INTEREST:

- Office Closures
- Family Self-Sufficiency Program
- Remodel and construction
- Public Housing reminder

FOR YOUR INFORMATION

Office Closures:

The CHA will be closed *all day* on Wednesday December 14th and 28th for staff training.

We are also closed Monday December 26 for Christmas celebrations with our families.

As a reminder, we will close at noon on the 7th and 21st and Friday the 16th.

We are under construction inside the housing authority office, making much needed updates to our structure and security of the building.

Please be patient with us during this transitional period. The modifications and remodeling of the office will enable us to better serve you and your family in the near future!

The CHA Family Self-Sufficiency Program has 8 open slots under the HCV voucher program and 8 openings under our Public Housing program. If you are dedicated, committed and determined to become a home-owner within a 5 year time frame, please come by the Cheyenne or Laramie office and pick up a brochure on the program, or contact FSS specialist during business hours for information.

Reminder for single family Public Housing tenants:

You are responsible for snow and ice removal around your unit, including stairs and side-walks. Ice and snow must be cleared within 24 hours per city ordinance and CHA lease.



With winter approaching, utility bills will be higher, so please make sure that you stay on top of your utilities paying them in a timely manner or making payment arrangements if necessary to avoid shut-off notices reaching our office.

As a reminder, 3 shut off notices in a calendar year will result in a termination letter of housing assistance being sent to you.

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GIVE BACK TO YOUR COMMUNITY

Most of us will be buying Christmas presents this year, so this is a reminder to buy local and at small shops whenever possible. This is a simple way to help another family support their family, rather than multi-billion dollar corporations who enables poverty through low wages and no benefits.

In these uncertain times, it is

imperative that we come together as a community and show our support whenever possible. We must stand with one another in solidarity and lend our help to those who need it most.

These upcoming years will impact many American families and we must remember to always do what we can when

we can do it. This is not the time to judge or criticize, to blame and ignore, but rather a time for a show of support, understanding and love, no matter how small.

Lend your Christmas spirit to those who have little, lend your love to those who need it the most and do your part to make Christmas a bit brighter for all.

ATTITUDE OF CHANGE

With so much uncertainty facing our country, we must remember that we are all more alike than we are different and this holiday season is no different. We all have love in our hearts and now more than ever, we must share that love with everyone we come across. We must choose to love over indifference and we must choose civility over apathy.

Love begins at home and we must focus on creating a kind, loving and affectionate home for it to spread into the world as love in motion. What do you remember about your parents home? Was it a warm and loving place you could always come home to, or was it filled with shouting and criticism? What kind of memories do you want to leave for your children?

As adults and parents, we have a choice to make a better home environment for our children. We are not powerless, and we have the ability to create a warm and loving home that we all want to have.

Sometimes, we forget to tell our children how much we love them. We get caught up in a busy day of work and errands and we ourselves are tired or irritable. Stop what you are doing and go give your children a bug hug right now, telling them how much you love them. Teach them that love begins at home.

Sometimes, we forget to tell our children that we are sorry. We forget that they too have feelings and emotions, and why we don't always understand their emotions,

they are valid and real to them and we mustn't forget that their feelings are powerful, just like ours. After all, they are human - small, vulnerable humans who are unable to process the world like we do. Go tell your child you are sorry for being irritable, and teach them empathy and forgiveness begins at home.

Sometimes, we forget to have fun with our kids, playing a game they want to play and laughing. Be silly with your children and teach them that laughter begins at home.

Our world begins at home with our children, let's do our part to teach love, forgiveness and giving there.

“Everyone thinks of changing the world, but no one thinks of changing himself.” — Leo Tolstoy

THE CHOICE IS YOURS

The New Year is just a few weeks away and we as individuals, families and as a member of the community, will have choices to make and face. Nothing in our lives is without consequence and this coming year will be no different.

Rituals are powerful things and we are faced with a choice: a ritual comprised of personal and communal growth, love, compassion, acceptance, understanding and empowerment Or not. Rituals ground us, and bring us together - or separate us.

The world is steeped in various forms of fear, competition, scarcity. Every great tradition points at this to be a time of transformation from a world of fear to a world of love. It's our choice as individuals to be a part of that transformation. Now is the perfect moment for introspection and become clear on the ways in which we've been withholding love, harboring fear, where we've spoken ill of other people rather than having compassion for them. Let's recognize our duty to shift that behavior and to become part of the solution.

Look at all the opportunities we can share with the world and all of its innate goodness with those who we encounter. Together, and with others, we can explore

the world to find the beauty in nature as well as the beauty in experiencing different cultures, religions, nationalities and viewpoints. Once you have an understanding of another culture and meet people from other countries you have uncovered a treasure that can never be silenced. So many people have incredible stories to tell, experiences to share and we grow by every new connection.

Be as intentional, passionate and compassionate as you ever have been and build that spark, and live it's values. Create a meaningful adventure or encounter and share it with the world. Each of us has a path that we are meant for and it's own challenge is to stay committed.

So, today, just like year, I want to say that I hope that in this year to come you make mistakes. Lots of mistakes, because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing the world. You're doing things you've never done before, and more importantly, you're **doing something**. That is my wish for you, for us all. Go out in the world and make glorious, amazing mistakes. Make mistakes nobody's ever made before. Don't freeze, don't stop, don't worry that it isn't

good enough, or it isn't perfect, whatever it is. Just get out there, love and learn, be compassionate and forgiving, tolerant and accepting and courageous in standing up for those who are afraid to use their voice or who are unable to. Arm yourself for a better world, stand up in revolution and protest the unjust.

Stop surrendering to fear and instead open your arms to love in all forms. We do not need to agree on anything to be kind to one another; we don't need to be identical to show empathy, we don't need to believe the same things to show love.

So “here's to the crazy ones. The misfits. The rebels. The troublemakers. The round pegs in the square holes. The ones who see things differently. They're not fond of rules. And they have no respect for the status quo. You can quote them, disagree with them, glorify or vilify them. About the only thing you can't do is ignore them. Because they change things. They push the human race forward. And while some may see them as the crazy ones, some see genius. Because the people who are crazy enough to think they can change the world, are the ones who do.” — Rob Siltanen



AROUND TOWN

HEMILIGHTED FOREST OF HOPE

Oct15, 2016 - Feb 28, 2017, daily at 6565 Ashley Drive, Cheyenne, WY -- from 5:00 PM to 10:00 PM

Admission is by donation. Hay rides are free, train rides are \$1. With over 600 lighted Christmas Trees in a wonderful Wyoming setting and a trackless train, this gift of love started out of a desire to bring attention to the Hemisperectomy Foundation, and now also blesses the Cheyenne community. Hay rides & train rides most every night. Hot chocolate is always on for those who do the hay rides.

TINSEL THROUGH TIME runs November 18 through December 24 at the Historic Governors Mansion at 300 E 21st St. from 9 am to 5pm. Admission is free. Tinsel Through Time allows you to step back in time to learn about holiday traditions, historic decorations, party wear and fun holiday facts. The period décor extends from the early 1900's through the 1960's with rare and replica ornaments from across the world. Visitors can take a historical Christmas tour of the mansion, listen to holiday music and enjoy refreshments. On Thursdays, hours are extended to 7:00PM. Christmas Eve hours are only until 12:00 noon.

SANTA, COCOA AND CAMPFIRE runs 2 days this month at the Paul Smith Children's Center at Lyons Park. Admission is free. Santa Claus will be visiting the Paul Smith Children's Village to meet with children of all ages. Come tell Santa what you want for Christmas, take a picture with him, and drink hot cocoa by the campfire. Admission is free thanks to D.A. Davidson. December 9, 2016 - December 10, 2016 at 616 S. Lions Park Dr. Cheyenne, WY. You can call (307) 637-6349 for more information.

WINTER FUN TIME

Winter's Farmer's Market runs November 19, 2016 - December 17, 2016 Recurring monthly on the 3rd Saturday at the Historic Depot Plaza 121 W. 15th Street. Vendors will be selling local winter veggies, farm fresh eggs, beef, bison, chicken, pork and various cheeses. Artesian vendors have tamales, salsa, gluten free items, jams, honey and other items!

Holiday Lights Tour Tickets go on sale Dec. 1st. Cost is \$12 adults/\$6 children. Tours at 6pm and 8 pm departing from Sears at Frontier Mall, 1400 West Dell Range. Call 307-778-3133 between 8 am and 5 pm or Saturday and Sunday from 9 am to 3 pm. or come to the Depot Lobby. Tours run December 1st through the 23rd of December and run about 1 - 1/5 hours in length.

New Years Eve Ball Drop There will be children's event is from 3p-6p in the Depot and on the Plaza. Activities will include Bricks For Kids, Alpacaglobo, Funky Mugs, the Union Pacific miniature train, bouncy houses, and more! There will be evening events from 8p-12a. Ice skating in the Plaza will be open to the public. At 11:30 the people gather in the Plaza for the countdown of the Ball Drop and ringing in the New Year.

"Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has." — Margaret Mead

MAINTENANCE CORNER



Reminder: Call in maintenance issues to the call-in line: 307-632-0539. The call-in line is a 24 hour answering service that records your maintenance issue" information and then reports it to CHA.

MERRY
CHRISTMAS!
FROM THE CHA
MAINTENANCE
STAFF

Have a safe
holiday season!

EGGNOG MONTE CRISTO SANDWICHES

1 1/2 tbsp Dijon mustard
 1 1/2 tbsp mayonnaise
 9 slices of white sandwich bread
 6 slices Gouda or Muenster cheese
 6 slices oven-roasted turkey (deli-sliced)
 6 slices baked ham (deli-sliced)
 1/2 cup eggnog
 Generous pinch of grated nutmeg
 3 tbsp unsalted butter
 Powdered sugar for dusting
 Cranberry sauce for dipping

Mix the mustard and mayonnaise in a small bowl. Lay out 3 slices of bread and brush each with about 1 teaspoon of the mustard mixture. Top each piece of bread

with 1 slice each of cheese, turkey and ham. Cover with another slice of bread and brush with another teaspoon of the mustard mixture; top each sandwich with another slice each of cheese, turkey and ham. Brush the remaining 3 bread slices with the mustard mixture and place mustard-side down on top of the sandwiches. Trim the crusts, then wrap the sandwiches tightly with plastic wrap. Chill in the refrigerator at least 30 minutes and up to 6 hours. (Wrapping the sandwiches helps keep them compact.)

Whisk the eggnog and nutmeg in a shallow bowl. Unwrap the sandwiches and dip in the eggnog, turning to coat both sides. Melt half of the butter in a large nonstick skillet over medium heat. Add



the sandwiches and cook until the undersides are golden, 3 to 4 minutes. Add the remaining butter, flip the sandwiches and cook until golden on the other side, about 3 more minutes.

Cut the sandwiches into quarters. Dust with confectioners' sugar, if desired, and serve with cranberry sauce.

MOCHA MERINGUE BARK

1/2 cup blanched slivered almonds
 1 tsp sugar
 4 egg whites
 Pinch of salt
 1 tsp instant espresso powder
 1/3 cup mini chocolate chips

Preheat the oven to 250. Line a rimmed baking sheet with a silicone baking mat or parchment paper. Put 1/4 cup blanched almonds and 1 teaspoon sugar into a food processor and pulse until it resembles cornmeal; reserve. Finely chop the remaining almonds.

In a stand mixer with the whisk attach-

ment, beat egg whites and salt until very soft peaks have formed. In a small bowl, stir together the remaining 1/4 cup sugar and espresso powder. With the mixer running on low, slowly add in the sugar and the espresso powder, 1 tablespoon at a time, whipping just to the stiff peak stage, (do not overbeat). Gently fold in the reserved almond flour.

With a large offset spatula, spread the meringue batter on the lined baking sheet in an even layer, about 1/2-inch thick. Sprinkle the finely chopped almonds and chocolate chips evenly over the surface of the meringue and bake for 1 hour. Turn the oven off, leaving the meringue in the oven to dry out further and cool for an

additional 1 hour.

To serve, break the meringue into pieces. Leftover meringues can be stored in an airtight container at room temperature in a dry cool place for up to 3 days. Garnish with shaved white chocolate if desired.



MUSHROOM BROCCOLI CASSEROLE

3 tbsp butter, plus extra for dish
 2 tbsp all purpose flour
 1/2 lb mushrooms, sliced
 1/4 cup onion, chopped
 2 cloves garlic, finely chopped
 1/2 tsp garlic powder
 1/2 tsp cayenne pepper
 1 1/2 cups heavy cream
 1/2 cup chicken stock
 10oz frozen broccoli, thawed
 2 cups cheddar Monterey blend
 3 cups cooked rice

Salt and pepper

Preheat oven to 425 degrees F.
 Butter 2 qt oval casserole dish.
 In a large pot, melt 3 tablespoons butter and flour over medium heat until golden in color to make a quick roux. The roux should resemble the color of peanut butter.

Add mushrooms, onion, garlic, garlic powder, cayenne pepper, heavy cream and chicken stock.

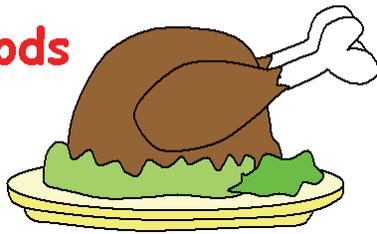
Add broccoli, 1 cup of the cheese and all the rice.

Season with salt and pepper, to taste. Pour into buttered dish and top with remaining shredded Cheddar. Bake until cheese is melted and golden, about 20 minutes.



Unscramble the letters to find the words in our

Christmas Foods Anagram



Hidden Word (circled letters):

ab**c**eeinrrrs _____

accchloot _____

agrvy _____

aln**n**stuw _____

am**s**y _____

ceikoos _____

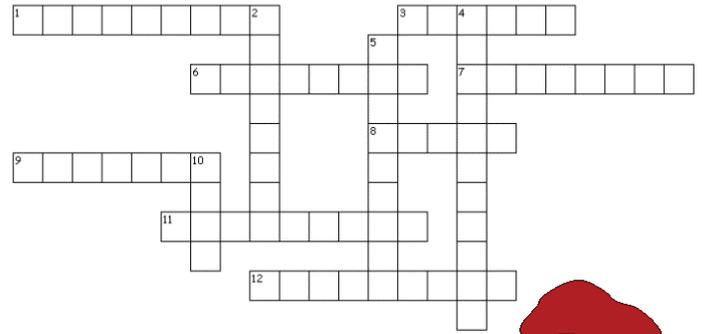
d**d**ginpu _____

ekrtuy _____

ffgin**s**tu _____

im**n**st _____

Christmas Crossword



Across

1. Pretty baubles to hang on the Christmas tree.
3. Guardians who announce the good news.
6. Wrapped with love.
7. Jolly old Saint _____.
8. Dasher, dancer, prancer, vixen, _____, cupid, donner, blitzen
9. Warm snacks for Santa.
11. Sweet and red and white.
12. We wish you a merry _____.

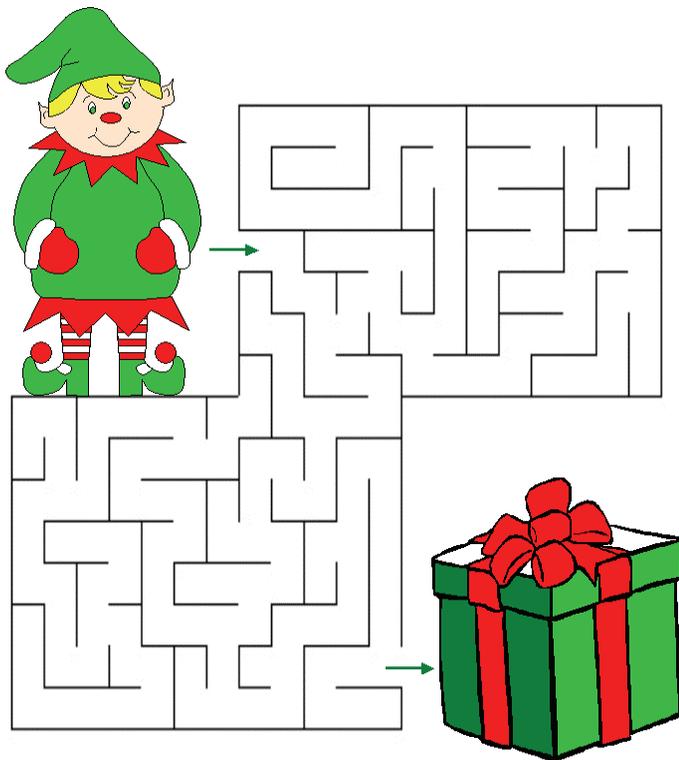
Down

2. Keeper of the flocks.
4. House made of sweet treats.
5. The _____ were hung by the chimney with care.
10. Bright light marks the way.



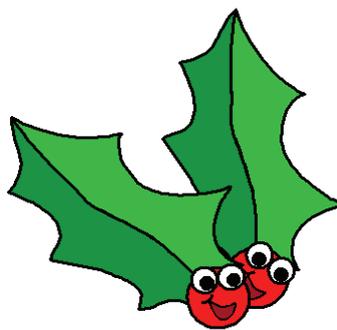
Christmas Maze

Help Jo Jo the elf find the missing Christmas present!



Christmas Word Search

O B E A Y H A R E E S P G L R T
 F R Q N G L E T O B A R N R V I
 C W N I A I I T N Y M E I U S N
 M O E A N C E M E A T S F D T S
 Y L O D M L Y N A U S E F O H E
 S L E K T E M D R F I N U L G L
 O E L S I I N K N U R T T P I C
 R U I O H E E T T A H S S H L A
 F M H C H Y S S T O C K I N G S
 S E I R R E B N A R C S E V L E



- candycane
- chimney
- Christmas
- cookies
- cranberries
- elves
- family
- holly
- lights
- mistletoe
- ornament
- presents
- reindeer
- Rudolph
- Santa
- sleigh
- stockings
- stuffing
- tinsel
- turkey



CHEYENNE HOUSING AUTHORITY

Board of Directors

Maynard Richmeier—Chair
 Terry Williams—Vice Chair
 Judy Lane—Secretary, Treasurer
 Dr. Earl Kincheloe, DDS. —Member
 Tricia Crilly—Member
 Gregory Hacker—Attorney

Executive Director

Mr. Gregory Hancock
 3304 Sheridan St., Cheyenne WY
 307-633-8320

Cheyenne Office Hours

Mon., Tues., Thurs., Fri., 8:30 a to 5:00p

Wednesdays 8:30—12:00 p.m.
 Closed the 2nd and 4th Wednesday

Phone Number: 307-633-8333
 Fax Number: 307-633-8315

Laramie Office Hours

Mon., Wed., Fri. 9a - 12p; 1 - 4
 Tues. & Thurs 1pm - 4:30pm

Phone Number: 307-745-4409
 Fax Number: 307-745-7606

HOUSING OPERATIONS MANAGEMENT

TBD	Supervisor 633-8330	Andree	Section 8 (O-Z) 633-8329
Michelle	Asst. Supervisor 633-8323	Valerie	Special Projects 633-8335
Kari	Eligibility 633-8338	John	Inspector 633-8306
Grenisha	Eligibility 633-8310	Traci	FSS Specialist 633-8326
Roxanne	Public Housing 633-8336		VASH Specialist
Pamela	Section 8 (A-G) 633-8337		
Julie	Section 8 (H-N) 633-8331		



“New Year - a new chapter, new verse, or just the same old story ? Ultimately we write it. The choice is ours.” – Alex Morrirt

HOUSING AUTHORITY DEPARTMENTS



Accounting

Bob Spires, CFO 633-8316
 Jeannine Weber 633-8312
 Anna Hazlip 633-8313

PBCA

Mark Stotts 633-8327
 Bonnie Ross 633-8309
 Diana Arnold 633-8328

Senior Resident Services

Kim Maes 635-2435 x13
 Amy Giglevitch 635-2435 x11
 Main Line: 307-635-2435

Senior Services Info

Cheyenne and Burns Locations:

Senior Activity Center – 2101
 Thomes Avenue, Cheyenne

Stanfield Manor – 604
 Shoshoni, Cheyenne

Indian Hills Manor – 615
 Storey, Cheyenne

Foxcrest Community Center
 4125 Cox Court, Cheyenne

County Location: 134 S.
 Main, Burns

Cheyenne Housing Authority

The Cheyenne Housing Authority (CHA) mission is to provide decent, safe, and sanitary housing to the elderly, disabled, and economically disadvantaged families who are unable to obtain housing through conventional means. Additionally, the CHA will strive to provide for and coordinate other necessary life services to this population

The CHA will achieve these purposes through an organization and within an environment that attracts the finest people; encourages and challenges our individual talents; encourages the collaboration of those talents to achieve the goals established in a creative, progressive and fiscally responsible manner; and maintains the Cheyenne Housing Authority's well established principles of integrity and professionalism.



FREQUENTLY ASKED QUESTIONS

Late Rent Fees on our Public Housing and Rural Development programs:

Single Family: \$30 after the 7th

411 Storey: \$30 after the 7th

615 Storey: \$5 on the 6th & \$1 per day after

Pine Bluffs: \$5 on the 6th & \$1 per day after

Utility Bills:

It is a surprise how much utility costs have sky rocketed the past few years, so how can you save money on your utility bills? The CHA has installed water saving, low flow devices and toilets in our

Public Housing units to aid you in saving money, but you must do your part as well. Turning off lights when you leave a room, shutting off electronics when not in use, keeping your heat set to 68 in the winter and 72 in the summer will help reduce heating and cooling costs.

Consider putting plastic over your windows in the winter to keep heat in and open curtains during the daytime to use the sunlight, and closing them at night to keep the heat inside are a few options available to assist you in saving money on heating and cooling costs.

Doing a full load of laundry in cold water will save you about 12,000 gallons per

year. Flushing the toilet less frequently reduces waste water as well as not leaving the water running while brushing your teeth, shaving or washing dishes (this will save almost 2,000 gallons per year).

While these may not seem like big things, every little bit you do helps you.

Be sure to report any air leaks around doors or windows to your landlord or the CHA maintenance. And remember to pay your utility bills on time or make payment arrangements to avoid disconnection and shut-off notices!